

| Klasse      | WK-<br>Besprechung | Startzeit | Swim  | Bike    | Run    | Check-In    | Check-Out   | Siegerehrung |
|-------------|--------------------|-----------|-------|---------|--------|-------------|-------------|--------------|
| Schüler B w | 08:45              | 09:15     | 100 m | 2,5 km  | 0,4 km | 08:00-08:45 | 10:20-10:45 | 11:45        |
| Schüler B m | 08:45              | 09:25     | 100 m | 2,5 km  | 0,4 km | 08:00-08:45 | 10:20-10:45 | 11:45        |
| Schüler A w | 09:00              | 09:55     | 200 m | 5,0 km  | 1,0 km | 08:00-08:45 | 10:20-10:45 | 11:45        |
| Schüler A m | 09:00              | 09:35     | 200 m | 5,0 km  | 1,0 km | 08:00-08:45 | 10:20-10:45 | 11:45        |
| Jugend B w  | 09:50              | 10:20     | 400 m | 10,0 km | 2,5 km | 08:30-09:15 | 12:00-12:45 | 11:45        |
| Jugend B m  | 09:50              | 10:45     | 400 m | 10,0 km | 2,5 km | 08:30-09:15 | 12:00-12:45 | 11:45        |
| Jugend A w  | 10:30              | 11:30     | 800 m | 20,0 km | 5,0 km | 08:30-09:15 | 14:00-14:30 | 13:10        |
| Jugend A m  | 10:30              | 11:05     | 800 m | 20,0 km | 5,0 km | 08:30-09:15 | 14:00-14:30 | 13:10        |
| Junioren w  | 10:30              | 11:30     | 800 m | 20,0 km | 5,0 km | 08:30-09:15 | 14:00-14:30 | 13:10        |
| Junioren m  | 10:30              | 11:05     | 800 m | 20,0 km | 5,0 km | 08:30-09:15 | 14:00-14:30 | 13:10        |

**Startunterlagenausgabe ab 07:30 Uhr**

\* Änderungen im Zeitplan sind möglich, bitte Ansagen und Aushänge vor Ort beachten